Perception and attitude towards EBM in the GP specialty training in The Netherlands

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Who Am I

- General practitioner
- PhD Medicine
- Research fellow
- Editor ‘Huisarts & Wetenschap’
Starting point

EBM important\(^1\)

GP specialty training: 3 years learning at working place and institute (8 in the Netherlands)

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Framework \[1,2\]

Gap

EBM is not applied to its full potential

Why?

Is attitude crucial?

Background

Aim

Perception of and attitude towards EBM among GP trainees and their supervisors
What does EBM evoke in GP trainees and their supervisors?
Explorative qualitative study
Online focus groups


Experienced moderator
Transcribed verbatim
Thematic analysis⁷ MaxQDA
Results

7 GP trainees
12 supervisors
4 focus groups
1 individual interview
EBM perceived by participants: role of evidence most prominent
Attitude

Essential and important tool
Reinforcing the lack of time
No fun/Boring
Enhances a feeling of incompetence
• EBM is perceived differently in daily practice
• Patient values and clinical expertise less important
• Logically: boring and difficult
• More attention is needed for the patient values and clinical expertise in education for general practitioner trainees!
Special interest in EBM more willing to participate

Supervisors very willing to participate

Recruitment of GP trainees: challenge...
Conclusions

Role of evidence most prominent

More attention for patient values and clinical expertise is needed in education!

These results will be used for the development of our new curriculum!
Questions

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