The Opportunity Cost Of Incentivising Project Work In Medical Training

Dr Haris Achilleos

Senior Registrar in Paediatric Emergency Medicine, Royal London Hospital, Barts Health NHS Trust, London, UK

Paediatric Research (UK)

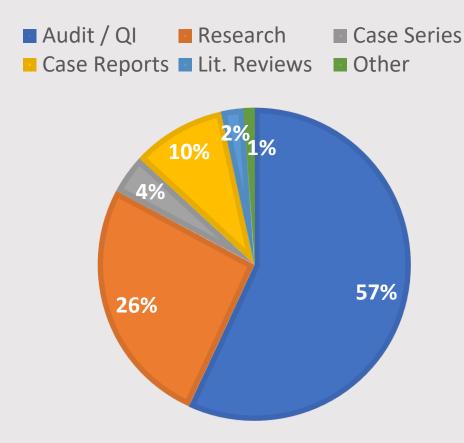
"Turning the Tide" Report – Royal College of Paediatrics and Child Health (RCPCH), 2012

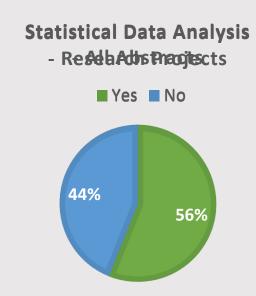
poor opportunities for research training and participation within our medical education system

RCPCH Annual Conference 2019 – Some Data:

- > total 640 abstracts accepted and presented (!)
- ➤ large percentage presented by paediatric specialty trainees; project work conducted during specialty training

RCPCH Annual Conference 2019 Abstracts





Common issues identified:

- small-scale projects; very few collaborative
- insufficient data analysis and presentation (to justify conclusions / recommendations)
- not measuring clinically important outcomes
- data commonly based on questionnaire / survey results
- demonstrating inadequate methodological quality

Project work....



- ...Clinical Audits, Quality Improvement projects, Research Projects
- > requirement for career progression
- > score highly on specialty training and consultant job applications
- → higher incentive if "leading" a project and "completing the audit cycle"

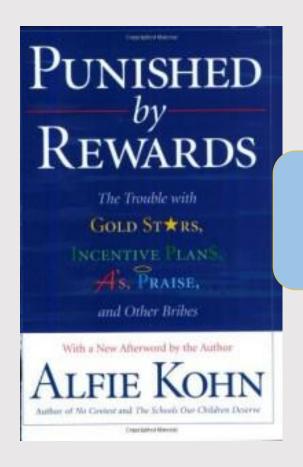
BUT! Experience shows...

Poor data presentation at audit meetings

Journal Clubs lacking critical thinking and methodology

"Critical Appraisal" –
most feared station at
final specialty
assessment

EBM study day least attended one of London Regional Paediatric Study Days



Intrinsic vs Extrinsic Motivation

Intrinsically motivated

Adult Learning Theory
- M. Knowles

Self-directed

What if we decided to ditch this project-incentivising system...

"Opportunity Cost"

The benefit, profit, or value of something that must be given up in order to acquire or achieve something else

Projects with no patient-important outcomes

Projects not leading to meaningful change

Research waste

Jeopardise judgement and critical thinking

... and focused on teaching data methodology and promoting pragmatic, collaborative, patient-important studies?

Thank you for listening!

Feedback?

Thoughts?

Suggestions?

haris.achilleos@doctors.org.uk